



PE Overview Cycle A



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1/2	<p>1. Rolla Ball (Games Activity)</p> <p>2. Multi - Skills Static Balancing</p> <p>X-COUNTRY</p>	<p>1. Moving Along Resources: Dance Ideas TOP Dance</p> <p>2. Making Shapes Resources: TOP Gymnastics KEY STEPS/GYMNASTICS</p>	<p>1. Themes & Dreams Resources: Dance Ideas TOP Dance</p> <p>2. Assessment level 1 (apparatus) Resources: TOP Gymnastics SWIMMING</p>	<p>1. 10 Point Hoops (Games Activity)</p> <p>2. Where are we going? Resources: TOP Outdoors DANCE</p>	<p>1. Bean Bag Throw (Games Activity)</p> <p>2. Multi - Skills Vertical Jump, leap, hopping</p> <p>O.A.A</p>	<p>1. Off up and away TOP Athletics</p> <p>2. Multi - Skills Throwing - overarm, underarm</p>
3/4	<p>1. Skittles (Basketball) (Invasion Games)</p> <p>2. SAQ Resources: Multi-Skills Club Pack X- COUNTRY</p>	<p>1. Round the Clock Resources: Dance Ideas TOP Dance</p> <p>2. Balancing Act Resources: TOP Gymnastics KEY STEPS/GYMNASTICS</p>	<p>1. Dance Resources: Dance Ideas TOP Dance</p> <p>2. Assess level 2-3 Resources: TOP Gymnastics SWIMMING</p>	<p>1. 3 Touch Ball (Football) (Invasion Games)</p> <p>2. Arc Rounders (Rounders) (Striking and Fielding) DANCE</p>	<p>1. Target Baggers (Badminton) (Net and Wall)</p> <p>2. Gone Fishing Resources: TOP Outdoors MINI - TENNIS</p>	<p>1. Faster Higher Further Resources: TOP Athletics</p> <p>2. Boundary Line (Cricket) (Striking and Fielding) ATHLETICS/CRICKET</p>
5/6	<p>1. Grid Rugby (Rugby) (Invasion Games)</p> <p>2. Fives and Threes (Netball) (Invasion Games)</p> <p>XCOUNTRY/NETBALL/TA & RUGBY</p>	<p>1. Indian Delight Resources: Dance Ideas TOP Dance</p> <p>2. Acrobatic Gymnastics Resources: TOP Gymnastics GIRLS FOOTBALL/S'HALL ATHLETICS/KEY STEPS/GYMNASTICS</p>	<p>1. What's so funny? Resources: Dance Ideas TOP Dance</p> <p>2. Assess lev 3-4 Resources: TOP Gymnastics SWIMMING</p>	<p>1. SAQ</p> <p>2. Runners (Cricket) (Striking and Fielding)</p> <p>BASKETBALL / DANCE</p>	<p>1. What a racket (Tennis) (Net and Wall)</p> <p>2. Where am I? Resources: TOP Outdoors CRICKET (ASDA)</p>	<p>1. Distance Challenge Resources: TOP Athletics</p> <p>2. Zone Rounders (Rounders) (Striking and Fielding)</p> <p>CRICKET/ATHLETICS/RUGBY LGE</p>



PE Overview Cycle B



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1/2	<p>1. Piggy In The Middle (Games Activity)</p> <p>2. Multi - Skills Dynamic Balance - kicking and punting</p> <p>X-COUNTRY</p>	<p>1. Cat Dance Resources: Dance Ideas TOP Dance</p> <p>2. Families of Actions Resources: TOP Gymnastics</p> <p>KEY STEPS/GYMNASTICS</p>	<p>1. How does it feel? Resources: Dance Ideas TOP Dance</p> <p>2. Assess Level 1-2 Resources: TOP Gymnastics</p> <p>SWIMMING</p>	<p>1. Kick Rounders (Games Activity)</p> <p>2. Shipwrecked Resources: TOP Outdoors</p> <p>DANCE</p>	<p>1. Minis' Tennis 1 (Games Activity)</p> <p>2. Multi - Skills Catching - close/ far large/small balls</p> <p>OAA</p>	<p>1. Colour Match Resources: TOP Athletics</p> <p>2. Multi - Skills Running</p>
3/4	<p>1. End Zone (Hockey) (Invasion Games)</p> <p>2. SAQ Resources: Multi-Skills Club Pack</p> <p>X-COUNTRY</p>	<p>1. Machines Resources: Dance Ideas TOP Dance</p> <p>2. Partner Work Resources: TOP Gymnastics</p> <p>KEY STEPS/GYMNASTICS</p>	<p>1. Dance Resources: Dance Ideas TOP Dance</p> <p>2. Assess lev 2-3 Resources: TOP Gymnastics</p> <p>SWIMMING</p>	<p>1. On The Attack (Basketball) (Invasion Games)</p> <p>2. Zone Cricket (Cricket) (Striking and Fielding)</p> <p>DANCE</p>	<p>1. Minis Tennis 2 (Tennis) (Net and Wall)</p> <p>2. Search and Rescue Resources: TOP Outdoors</p> <p>MINI TENNIS</p>	<p>1. Pass the Baton Resources: TOP Athletics</p> <p>2. Run The Loop (Rounders) (Striking and Fielding)</p> <p>ATHLETICS</p>
5/6	<p>1. Tag Rugby (Rugby) (Invasion Games)</p> <p>2. Calling the Shots (Football) (Invasion Games)</p> <p>X-COUNTRY / NETBALL/ TAG RUGBY</p>	<p>1. Making the Grade Resources: Dance Ideas TOP Dance</p> <p>2. Group Dynamics Resources: TOP Gymnastics</p> <p>GIRLS FOOTBALL / SPORTS HALL ATHLETICS/KEY STEPS/GYMNASTICS</p>	<p>1. Masquerade Resources: Dance Ideas TOP Dance</p> <p>2. Assess lev 4-5 Resources: TOP Gymnastics</p> <p>SWIMMING</p>	<p>1. SAQ</p> <p>2. Calling the Shots (Hockey) (Invasion Games)</p> <p>BASKETBALL / DANCE</p>	<p>1. Long and Thin or Short and Fat (Badminton) (Net and Wall)</p> <p>2. Crystal Star Challenge Resources: TOP Outdoors</p> <p>CRICKET (ASDA)</p>	<p>1. Three Jump Challenge Resources: TOP Athletics</p> <p>2. Pairs Cricket (Cricket) (Striking and Fielding)</p> <p>CRICKET / ATHLETICS / RUGBY LEAGUE</p>

